

**The Varsity Musician's Playbook:
Commitment-Building Strategies from Team Sports to the Studio**

Presented Christina L. Whitlock, M.M., N.C.T.M.

Your Personal Playbook

Strategic Play #1: Interdependence

Assigning Roles (see Appendix):

Student Roles:

Parent Roles:

Group Class Approaches:

Collaborative Project Ideas:

Environmental Factors:

Strategic Play #2: Community Presence

Marketing to a Full Studio:

Roles of Social Media:

Unexpected Local Sources of Support:

Strategic Play #3: Revised Assessment

Determining Measurable Factors:

Improved Communication of Goals:

Focusing on Day-to-Day Goals:

Group Rewards vs. Individual:

Appendix (Sample Team Roster)

Student Name	Team	Role	Miscellaneous

Suggested Teams: Varsity, Junior Varsity, Little League, Pee Wee, Recreational, Competitive, etc.

Suggested Roles: Performance Leaders, Locker Room Leaders, Social Leaders, Organizational Leaders, Reserve Leaders ("Janssen Sports Leadership Center", 2016)

Miscellaneous: Could include anything from encouragement strategies to repertoire, as well as special needs and future goals

References:

Janssen Sports Leadership Center. (2016). Retrieved from <http://www.janssensportsleadership.com/resources/janssen-blog/the-5-kinds-of-leaders-every-team-needs-to-be-successful/>

Self-determination theory. (2016). Retrieved from <http://selfdeterminationtheory.org/theory/>